

## **NICHE Community Health Project, North Cork, Staff Review Day**

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A full-day workshop, facilitating NICHE team to reflect on progress, challenges and changes, and to look ahead to the next planning period.

### Overall thoughts/ feelings on the day:

Great day, great to hear everyone's opinions.

I found it very helpful and it kept me focussed.

I usually get bored doing planning or going to meetings, but I really enjoyed this.

I am very happy with the day – it wasn't anticipated/ what I have experienced in the past. I am really happy about it.

Glad I got a chance to voice my feelings.

It felt good that the team had the time to come together and reflect on our work and the organisation as a whole. Hearing points of view was invaluable and done in a safe manner.

### Appropriateness of methodology and exercises:

Excellent, very well lead workshop. Felt I could say things without judgement.

Got great information from doing the exercises and it was great to do it as a team.

The appropriateness of methodology & exercises was also excellent and directed, well done.

Excellent handouts and challenges, and feel so well being part of a wonderful team.

The methodology was focussed and provoked thought. The exercises allowed staff to think and have focussed input.

